

Suburban Eats

Friday Specials

Soups

Chicken Vegetable Orzo

Cream of Asparagus

■ small (12oz) \$3.49; medium (16oz) \$4.49; large (32oz) \$8.49

Lobster Bisque (+ \$1.00)

Vegetarian Minestrone

Hot Entrees

Three Cheese Mac & Cheese 3.49 small; \$6.50 large
Cavatelli pasta with creamy cheddar, jack & american cheese and toasted butter breadcrumb topping.

Arroz con Pollo 6.95
Traditional Latino chicken and yellow rice with vegetables and spices.

Salmon Teriyaki 7.95
A 6oz teriyaki glazed salmon fillet served with stir fry ginger & garlic vegetables and jasmine rice.

Cajun Chicken Sandwich 6.95
Blackened chicken breast, sliced andouille sausage, pepper jack cheese, cajun fried onions & Bayou mayo on a club roll.

Shrimp & Avocado Quesadilla 6.50
Baby shrimp, diced avocado, tomatoes & melted cheese in a crisp flour tortilla served with salsa & sour cream.

Chicken Parmigiana 5.95 on a roll; \$6.50 on a hero
Traditional style fried chicken cutlet with melted mozzarella and tomato sauce.

Ivan's Veggie Burger 6.95
A homemade brown rice & quinoa based veggie burger served on a whole wheat croissant with roasted tomato aioli and mixed green salad.

Brick Oven Specialities

Julio's Cheese Calzone 6.25

Broccoli Rabe & Cheese Pinwheel 4.95

Buffalo Chicken Pizzette 6.50
Strips of Buffalo style chicken, melted blue cheese and buffalo wing sauce.

Salad Specials

Edamame Quinoa 3.99 1/2#
Whole grain quinoa, edamame, broccoli, sugar snap peas & scallions dressed with a homemade ginger & honey vinaigrette. Edamame and quinoa are both very high in essential vitamins and protein which combine for a very healthy lunch.

Oven Roasted Brussels Sprouts 3.49 1/2#

Oven Roasted Carrots & Parsnips 3.49 1/2#

Sandwich Specials

Sicilian 6.25
Breaded eggplant, provolone cheese & roasted red peppers with spinach & artichoke spread.

Friday's Parisian 4.95
Roast beef with caramelized onions & rosemary aioli on a long thin french baguette.

Friday's Combo 6.95
Grilled eggplant with fresh mozzarella, lettuce & sundried tomato pesto mayonnaise on homemade tomato onion focaccia (half sandwich). Choose between a 1/2 lb. of side salad or 12 oz. soup.

The Manchester Grilled Cheese 6.25
Vermont cheddar, balsamic marinated portobello mushrooms, caramelized onions and baby spinach grilled on seven grain bread.

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Free Delivery - may take up to 90 min.