

Suburban Eats Monday Specials

Soups

Chicken Vegetable Orzo

Beef & Vegetable with Brown Rice

■ small (12oz) \$3.49; medium (16oz) \$4.49; large (32oz) \$8.99

Italian Wedding w/ Meatballs

Creamy Potato & Cheddar

Hot Entrees

Rigatoni ala Vodka \$6.50
Served with parmesan breadsticks.

Chicken Scarpariello \$6.95
Oven roasted chicken with italian sausage, yukon potatoes, peppers, onions & garlic served over rice pilaf.

Skirt Steak & Broccoli Stir Fry \$7.95
Crispy Asian marinated skirt steak with steamed ginger broccoli & stir fried mixed vegetables served over white rice.

Chicken & Portobello Melt \$6.95
Sauteed chicken breast topped with sliced balsamic portobello mushrooms, roasted peppers and melted fresh mozzarella in red wine sauce served on a bakery roll.

Turkey Quinoa Chilli Picadillo \$6.50
Fresh ground turkey & heart healthy quinoa with peppers, onions, beans, raisins & tex-mex seasonings. A protein packed healthy lunch.

Chicken Parmigiana \$5.95 roll \$6.50 hero

Grilled Chicken, Cheese & Bean Quesadilla \$6.50

Brick Oven Specials

Chicken & Ranch Pizette \$6.50
Chicken cutlet, shredded cheese, romaine & tomato with ranch dressing on a personal thin crust pizza.

Chicken Griller Sandwich \$6.50
Grilled herb chicken, fresh mozzarella, lettuce & tomato on a brickoven pesto knot roll.

BBQ Steak Stromboli \$6.25
Sliced steak with crisp bacon, melted cheddar cheese & bbq sauce.

Salad Specials

French Lentils & Vegetables \$3.49 1/2#
French lentils with carrots, onions, celery, scallions, fresh garlic, aged balsamic vinegar and extra virgin olive oil.

Spinach & Strawberry Salad with Blackened Chicken \$6.95
California baby spinach, cajun chicken, sliced almonds and sweet strawberries with sesame ginger dressing.

Southwestern Quinoa (Keen-wah) \$4.39 1/2#
Whole grain quinoa, mango, black beans, peppers, corn, scallions & margarita dressing. Quinoa is 100% whole grain and is a source of all essential amino acids. It's a great source of B vitamins, potassium, riboflavin, zinc, copper, manganese and magnesium. It also contains folic acid and vitamin E. Quinoa is wheat-free & gluten-free.

Sandwich Specials

CBLT \$6.50
Grilled rosemary and garlic chicken breast, crisp bacon, lettuce, tomato and balsamic blue cheese dressing on whole grain baguette.

Vermont Maple Panini \$6.25
Boar's head honey maple turkey with melted brie & toasted almond honey mustard.

Monday's Parisian \$4.95
Fresh mozzarella, roasted red peppers, leaf lettuce and pesto cream on a long thin french baguette.

Monday's Combo \$6.50
House seasoned roast beef, aged cheddar cheese, grilled red peppers and rosemary aioli on a homemade brickoven tomato & onion focaccia (1/2 sandwich). Served with a 1/2 lb of a side salad or 12oz. soup.

Firehouse Turkey Burger \$7.95
Our handmade 8oz turkey burger seasoned with blackened spices, melted jack cheese, cajun fried onion rings & honey mustard with sweet potato fries, lettuce, tomato & pickle slices.